

# LUNCH MENU

12.00-16.30

## MAINS

SEASONAL SOUP | 8.5 VGO  
Bloomer wedge, Cornish butter

WARM CHICKEN AND CHORIZO SALAD | 12  
Roast chicken, chorizo, spinach, honey mustard dressing

CLUB SANDWICH | 15.5  
Bacon, chicken, tomato, lettuce, hard-boiled egg, mayonnaise, fries

FISH & CHIPS | 19 VGO  
Minted peas, tartare sauce, chunky chips

## OPEN TOASTED SANDWICHES

ROAST BEEF & CARAMELISED ONION | 12.5  
Roast beef, caramelised onion, horseradish cream

CORNISH RAREBIT | 10.5  
Creamy leek, onion, cheddar rarebit, wholegrain mustard, watercress

WILD MUSHROOM AND TRUFFLE | 10.5  
Wild mushroom, garlic, cream, truffle oil

**SERVED ON A SLICE OF ARTISAN BLOOMER**

## PIZZAS

MARGHERITA | 13  
Fresh basil

SPICY CHICKEN, RED PEPPER | 14  
Spiced chicken, roasted red pepper, red onion, harissa

## SANDWICHES

HAM, MUSTARD | 11  
Honey roasted ham, wholegrain mustard mayo

CHEESE & CHUTNEY | 10.5  
Cornish cheddar, chutney

TUNA MELT | 11.5  
Cornish cheddar, red onion

CRAB SANDWICH | 18  
White and brown crab meat, lemon and dill

PRAWN SANDWICH | 11  
Lettuce, Marie rose sauce

**YOUR CHOICE OF WHITE OR GRANARY BREAD**

## WRAPS

SOUTHERN FRIED CHICKEN | 11.5 VGO  
Lettuce, mayonnaise, sweet chilli

HUMUS, FETA | 10  
Courgette, red pepper, humus, feta

## BURGERS

CHAMPIONSHIP BURGER | 18.5  
6oz prime burger, Miss Muffet cheese, smoked bacon, caramelised onion, truffle mayo, fries

CHICKEN BURGER | 15.5  
Butterflied chicken breast, spicy aioli, lettuce, fries

CHICKPEA, SPINACH BURGER | 16.5 VG  
Roasted red pepper, harissa yoghurt dressing, fries, baby leaf salad

## SIDES

Crispy squid, chilli, lime dressing | 10

Chorizo bites | 6

Fries | 4.5

Chips | 4.5

Padron peppers | 5.5

Focaccia bread | 5.5

PEPPERONI | 14  
Pepperoni, oregano

MEDITERRANEAN VEGETABLES | 13.5  
Pepper, courgette, red onion, olive, oregano

**ALLERGEN INFORMATION | VG - VEGAN | VGO - VEGAN OPTION AVAILABLE |  
TEAM REWARD | WE WILL ADD A DISCRETIONARY 10% TO YOUR BILL | 100% WILL BE SHARED WITH  
TODAY'S TEAM**