

EVENING  
**MENU**  
 17.30 - 20.30 DAILY

**SHARING PLATES**

**Côte de Boeuf** | 85 - *sharer for two people*  
 Choose any three sides of your choice

**Seafood Sharer** | Market Price - *sharer for two people*  
 Locally caught seafood selection of the day  
 Choose any three sides of your choice

**APPETISERS**

**Focaccia Bread** | VG | 5.5

**Mixed Marinated Olives** | VG | 5

**Padron Peppers** | VG | 5.5

**STARTERS**

**Soup of the Day** | VGO | 8.5  
 Artisan bread, salted butter

**Tomato & Mozzarella Salad** | 10  
 Rocket, pesto, walnuts

**Pan Seared Scallops** | 15  
 Celeriac puree, seaweed beurre blanc

**Harissa Prawns** | 13.5  
 Sweet chilli, salad

**Crispy Pork Belly** | 11.5  
 Butternut purée, charred pak choi, apple sauce

**Crispy Squid** | 12  
 Lime and coriander mayonnaise

**Deep Fried Whitebait** | 11  
 Lightly spiced whitebait, cajun spice

**Arancini Balls** | VG | 10  
 Butternut squash, garlic aioli, rocket

**BURGERS**

**Constantine Burger** | 18.5  
 Streaky bacon, chorizo jam, gherkin, cheese, salad, fries  
 ADD pulled pork 3

**Moving Mountains Plant Burger** | VG | 16.5  
 Plant-based burger, vegan mayonnaise, red onion, gherkin, vegan cheese, salad, fries

**Chicken Burger** | 18.5  
 Grilled chicken fillet, tomato, lettuce, aioli, fries  
 ADD pulled pork 3 | ADD bacon 1.5

**MAINS**

**St Austell Bay Mussels** | 17  
 Moules mariniere

**Catch of the Day** | Market Price  
 Fresh locally sourced fish from the Padstow area

**Roasted Cod** | 22  
 Watercress sauce, pancetta

**Stuffed Chicken Ballotine** | 15  
 Spinach, mozzarella, wild mushroom sauce

**8oz Sirloin Steak** | 27  
 Slow-roasted beef tomato, rocket  
 ADD blue cheese sauce 3 | ADD peppercorn sauce 3

**MAINS CONTINUED...**

**Crab & Prawn Linguini** | 25  
 Cornish crab, tiger prawns, garlic, chilli, white wine, lemon, cherry tomatoes  
 ADD Mussels 5

**Thai Green Vegetable Curry** | 19  
 Rice, poppadom, chutney  
 ADD chicken 3 | ADD prawns 4

**Constantine Fish & Chips** | 19  
 Minted peas, tartar sauce, lemon

**Banana Blossom 'Fish' & Chips** | VG | 15  
 Minted peas, vegan tartare sauce, lemon

**Super Food Bowl** | VG | 17  
 Quinoa, broccoli, spinach, avocado, red cabbage, peas, cucumber, sprouted greens, courgette, onion, olives, mint, basil, dressing  
 ADD chicken 3 | ADD halloumi 4 | ADD prawns 4

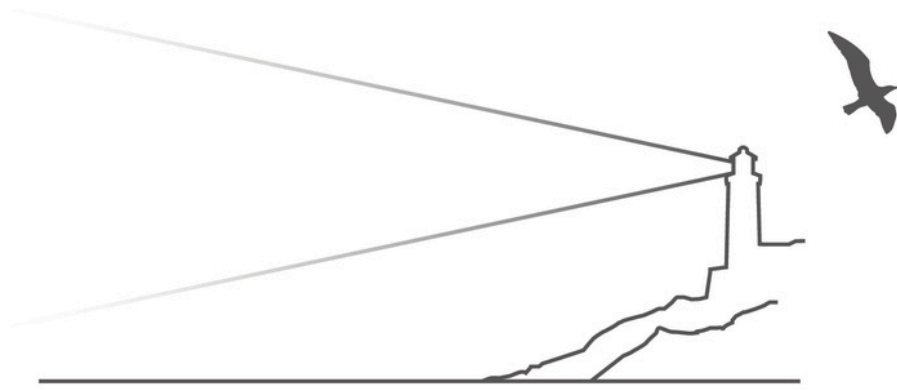
**SIDES - 1 SIDE 4.5 - 3 SIDES 12 - 5 SIDES 20**

Tenderstem Broccoli & Roasted Almonds | VG  
 Fine beans & Crispy Onions | VG  
 Seasonal Vegetables | VG  
 New Potatoes | VG

Green Salad | VG  
 Chunky Chips | VG  
 Skinny Fries | VG  
 Cajun Halloumi Fries  
 Onion Rings | VG

**ALLERGEN INFORMATION | VG - VEGAN | VGO - VEGAN OPTION AVAILABLE**

**TEAM REWARD | WE WILL ADD A DISCRETIONARY 10% TO YOUR BILL | 100% WILL BE SHARED WITH TODAY'S TEAM**



CONSTANTINE  
RESTAURANT